

LSM



**SUMMER
'25**

Day 1 (Sunday, June 01)

Psalm: Psalm 1:1-6

New Testament: John 1:1-14

? Reflection Question:

What does it mean to delight in God's Word daily?

🎵 **Worship Song:** Take You At Your Word – Cody Carnes

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 2 (Monday, June 02)

Psalm: Psalm 3:1-8

New Testament: John 1:15-28

? Reflection Question:

How does John the Baptist's humility challenge you?

🎵 **Worship Song:** Gratitude – Brandon Lake

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 3 (Tuesday, June 03)

Psalm: Psalm 5:1-12

New Testament: John 1:29-42

? Reflection Question:

What might you have to leave behind to follow Jesus fully?

🎵 Worship Song: Follow You Anywhere – Passion

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 4 (Wednesday, June 04)

Psalm: Psalm 8:1-9

New Testament: John 1:43-51

? Reflection Question:

Why is it significant that Jesus knows you personally?

🎵 Worship Song: Jireh – Maverick City Music

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 5 (Thursday, June 05)

Psalm: Psalm 13:1-6

New Testament: John 2:1-12

? Reflection Question:

What do you learn about Jesus from His first miracle?

🎵 Worship Song: Firm Foundation (He Won't) – Maverick City Music

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 6 (Friday, June 06)

Psalm: Psalm 15:1-5

New Testament: John 2:13-25

? Reflection Question:

How do Jesus' actions show His passion for true worship?

🎵 Worship Song: Lay It all Down – Will Reagan

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 7 (Saturday, June 07)

Psalm: Psalm 16:1-11

New Testament: John 3:1-15

? Reflection Question:

What does it mean to be born again?

🎵 Worship Song: Run to the Father – Cody Carnes

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 8 (Sunday, June 08)

Psalm: Psalm 18:1-15

New Testament: John 3:16-21

? Reflection Question:

Why is God's love in John 3:16 such good news?

🎵 Worship Song: Graves Into Gardens – Elevation Worship

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 9 (Monday, June 09)

Psalm: Psalm 19:1-14

New Testament: John 3:22-36

? Reflection Question:

How does John model humility and faithfulness?

🎵 Worship Song: Yet Not I but Through Christ in Me – The Worship Initiative

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 10 (Tuesday, June 10)

Psalm: Psalm 23:1-6

New Testament: John 4:1-15

? Reflection Question:

What does it mean that Jesus gives 'living water'?

🎵 Worship Song: Psalm 23 (Surely Goodness, Surely Mercy) – Shane and Shane

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 11 (Wednesday, June 11)

Psalm: Psalm 24:1–10

New Testament: John 4:16–30

? Reflection Question:

How does Jesus lovingly confront the Samaritan woman?

🎵 Worship Song: Run to the Father – Cody Carnes

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 12 (Thursday, June 12)

Psalm: Psalm 25:1–15

New Testament: John 4:31–42

? Reflection Question:

What can you learn from the disciples' confusion and Jesus' mission?

🎵 Worship Song: Yes I Will – Vertical Worship

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 13 (Friday, June 13)

Psalm: Psalm 27:1-6

New Testament: John 4:43-54

? Reflection Question:

How does this passage help you trust Jesus more deeply?

🎵 Worship Song: Holy Forever – Chris Tomlin

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 14 (Saturday, June 14)

Psalm: Psalm 28:6-9

New Testament: John 5:1-15

? Reflection Question:

Why is Jesus' question 'Do you want to be healed?' important?

🎵 Worship Song: Is He Worthy – Shane and Shane

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 15 (Sunday, June 15)

Psalm: Psalm 32:1–11

New Testament: John 5:16–30

? Reflection Question:

What does Jesus teach about His relationship with the Father?

🎵 Worship Song: Living Hope – Phil Wickham

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 16 (Monday, June 16)

Psalm: Psalm 33:1–12

New Testament: John 5:31–47

? Reflection Question:

Why does Jesus point to multiple witnesses about Himself?

🎵 Worship Song: All Hail King Jesus – Jeremy Riddle

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 17 (Tuesday, June 17)

Psalm: Psalm 34:1-10

New Testament: John 6:1-15

? Reflection Question:

What do you learn from how Jesus feeds the 5,000?

🎵 Worship Song: Lord I Need You – The Worship Initiative

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 18 (Wednesday, June 18)

Psalm: Psalm 34:11-22

New Testament: John 6:16-29

? Reflection Question:

What does it mean to do the ‘work of God’ according to Jesus?

🎵 Worship Song: Agnus Dei – The Worship Initiative

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 19 (Thursday, June 19)

Psalm: Psalm 36:5–12

New Testament: John 6:30–40

? Reflection Question:

How does Jesus describe Himself as the bread of life?

🎵 Worship Song: Nothing Else – Cody Carnes

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 20 (Friday, June 20)

Psalm: Psalm 37:1–11

New Testament: John 6:41–59

? Reflection Question:

Why is Jesus' teaching here so hard for many to accept?

🎵 Worship Song: Christ Be Magnified – Cody Carnes

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 21 (Saturday, June 21)

Psalm: Psalm 37:12–20

New Testament: John 6:60–71

? Reflection Question:

How does Peter’s confession encourage you to stay close to Jesus?

🎵 Worship Song: Surrounded – UPPERROOM

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 22 (Sunday, June 22)

Psalm: Psalm 40:1–10

New Testament: John 7:1–24

? Reflection Question:

How does Jesus respond to those who misunderstand Him?

🎵 Worship Song: Great I Am – Worship Initiative

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 23 (Monday, June 23)

Psalm: Psalm 42:1-11

New Testament: John 7:25-44

? Reflection Question:

What does Jesus mean when He says, 'rivers of living water'?

🎵 Worship Song: Graves into Garden – Elevation Worship

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 24 (Tuesday, June 24)

Psalm: Psalm 46:1-11

New Testament: John 7:45-53

? Reflection Question:

How do the religious leaders' reactions reveal their hearts?

🎵 Worship Song: Psalm 46 (Lord of Hosts) – Shane and Shane

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 25 (Wednesday, June 25)

Psalm: Psalm 51:1-12

New Testament: John 8:1-11

? Reflection Question:

What does this story teach you about grace and truth?

🎵 Worship Song: Greater – New Life Worship

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 26 (Thursday, June 26)

Psalm: Psalm 62:1-8

New Testament: John 8:12-30

? Reflection Question:

What encouragement do you find in Jesus being the light of the world?

🎵 Worship Song: Goodbye Yesterday – Elevation Rhythm

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 27 (Friday, June 27)

Psalm: Psalm 63:1-8

New Testament: John 8:31-47

? Reflection Question:

What does it mean to abide in Jesus' word and know the truth?

🎵 Worship Song: Firm Foundation (He Won't) – Maverick City Music

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 28 (Saturday, June 28)

Psalm: Psalm 66:1-12

New Testament: John 8:48-59

? Reflection Question:

What does Jesus mean when He says, 'Before Abraham was, I am'?

🎵 Worship Song: Same God – Elevation Worship

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 29 (Sunday, June 29)

Psalm: Psalm 67:1-7

New Testament: John 9:1-12

? Reflection Question:

What do you learn about Jesus' power and compassion in this healing?

🎵 Worship Song: Healer – Kari Jobe

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 30 (Monday, June 30)

Psalm: Psalm 71:1-8

New Testament: John 9:13-34

? Reflection Question:

How does the healed man show boldness in his testimony?

🎵 Worship Song: I Thank God – Maverick City Music

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 31 (Tuesday, July 01)

Psalm: Psalm 73:21–28

New Testament: John 9:35–41

? Reflection Question:

What does Jesus mean when He says the Pharisees' guilt remains?

🎵 Worship Song: Promises – Maverick City Music

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 32 (Wednesday, July 02)

Psalm: Psalm 84:1–12

New Testament: John 10:1–10

? Reflection Question:

What comfort do you find in Jesus as the Good Shepherd?

🎵 Worship Song: Who You Say I Am – Hillsong Worship

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 33 (Thursday, July 03)

Psalm: Psalm 86:1–13

New Testament: John 10:11–21

? Reflection Question:

How is Jesus different from the ‘hired hand’?

🎵 Worship Song: King of My Heart – Bethel Music

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 34 (Friday, July 04)

Psalm: Psalm 90:1–12

New Testament: John 10:22–42

? Reflection Question:

Why is it significant that Jesus claims ‘I and the Father are one’?

🎵 Worship Song: King – Portraits Music

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 35 (Saturday, July 05)

Psalm: Psalm 91:1-10

New Testament: John 11:1-16

? Reflection Question:

How do you see both Jesus' divine knowledge and deep love in this story?

🎵 Worship Song: Abide – Aaron Williams

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 36 (Sunday, July 06)

Psalm: Psalm 92:1-8

New Testament: John 11:17-37

? Reflection Question:

What does this passage reveal about Jesus' emotions and His power over death?

🎵 Worship Song: I Speak Jesus – Charity Gayle

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 37 (Monday, July 07)

Psalm: Psalm 95:1-7

New Testament: John 11:38-57

? Reflection Question:

Why was raising Lazarus such a turning point in Jesus' ministry?

🎵 Worship Song: Graves into Gardens – Elevation Worship

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 38 (Tuesday, July 08)

Psalm: Psalm 96:1-13

New Testament: John 12:1-11

? Reflection Question:

What can you learn from Mary's act of extravagant worship?

🎵 Worship Song: I Speak Jesus – Charity Gayle

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 39 (Wednesday, July 09)

Psalm: Psalm 98:1-9

New Testament: John 12:12-26

? Reflection Question:

What does Jesus mean when He says a grain of wheat must die to bear fruit?

🎵 Worship Song: YOUR WAY'S BETTER – Forest Frank

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 40 (Thursday, July 10)

Psalm: Psalm 100:1-5

New Testament: John 12:27-43

? Reflection Question:

Why do some people reject Jesus even after seeing His signs?

🎵 Worship Song: Praise – Elevation Worship

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 41 (Friday, July 11)

Psalm: Psalm 103:1–12

New Testament: John 12:44–50

? Reflection Question:

How does Jesus summarize His mission in these verses?

🎵 Worship Song: Living Hope – Phil Wickham

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 42 (Saturday, July 12)

Psalm: Psalm 103:13–22

New Testament: John 13:1–20

? Reflection Question:

What does Jesus washing the disciples' feet teach you about true leadership?

🎵 Worship Song: Closer to Your Heart – Portraits

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 43 (Sunday, July 13)

Psalm: Psalm 119:1–8

New Testament: John 15:1–11

? Reflection Question:

What does it mean to abide in Jesus and bear fruit?

🎵 Worship Song: Abide – The Worship Initiative

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 44 (Monday, July 14)

Psalm: Psalm 119:9–16

New Testament: John 15:12–27

? Reflection Question:

How can we live out Jesus' command to love one another?

🎵 Worship Song: His Mercy is More – Mat Boswell

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 45 (Tuesday, July 15)

Psalm: Psalm 119:33–40

New Testament: John 16:1–15

? Reflection Question:

What role does the Holy Spirit play in our lives?

🎵 Worship Song: Rest On Us – Maverick City Music

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 46 (Wednesday, July 16)

Psalm: Psalm 119:41–48

New Testament: John 16:16–33

? Reflection Question:

How does Jesus bring peace in the midst of trouble?

🎵 Worship Song: Firm Foundation – Maverick City Music

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 47 (Thursday, July 17)

Psalm: Psalm 121:1–8

New Testament: John 17:1–19

? Reflection Question:

What do you learn from Jesus' prayer for His disciples?

🎵 Worship Song: Same God – Elevation Worship

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 48 (Friday, July 18)

Psalm: Psalm 122:1–9

New Testament: John 17:20–26

? Reflection Question:

Why does Jesus pray for unity among believers?

🎵 Worship Song: Doxology – Maverick City Music

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 49 (Saturday, July 19)

Psalm: Psalm 123:1-4

New Testament: John 18:1-14

? Reflection Question:

How does Jesus' response to His arrest show His authority?

🎵 Worship Song: Way Maker – Leeland

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 50 (Sunday, July 20)

Psalm: Psalm 124:1-8

New Testament: John 18:15-27

? Reflection Question:

How does Peter's denial affect you personally?

🎵 Worship Song: Run to the Father – Cody Carnes

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 51 (Monday, July 21)

Psalm: Psalm 125:1-5

New Testament: John 18:28-40

? Reflection Question:

What do you notice about Jesus' interaction with Pilate?

🎵 Worship Song: Jireh – Maverick City Music

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 52 (Tuesday, July 22)

Psalm: Psalm 126:1-6

New Testament: John 19:1-16

? Reflection Question:

Why does Jesus endure such suffering without resisting?

🎵 Worship Song: Christ Our Hope In Life And Death – Shane and Shane

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 53 (Wednesday, July 23)

Psalm: Psalm 130:1–8

New Testament: John 19:17–27

? Reflection Question:

How does Jesus care for others even while on the cross?

🎵 Worship Song: Jesus Paid It All – Kristian Stanfill

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 54 (Thursday, July 24)

Psalm: Psalm 131:1–3

New Testament: John 19:28–42

? Reflection Question:

What do Jesus' final words on the cross mean to you?

🎵 Worship Song: How Deep the Father's Love – Austin Stone Worship

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 55 (Friday, July 25)

Psalm: Psalm 133:1–3

New Testament: John 20:1–18

? Reflection Question:

How does the resurrection of Jesus bring you hope?

🎵 Worship Song: Living Hope – Phil Wickham

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 56 (Saturday, July 26)

Psalm: Psalm 134:1–3

New Testament: John 20:19–31

? Reflection Question:

What does Jesus say to those who struggle with doubt?

🎵 Worship Song: Firm Foundation (He Won't) – Maverick City Music

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 57 (Sunday, July 27)

Psalm: Psalm 136:1-9

New Testament: John 21:1-25

? Reflection Question:

What is Jesus calling you to do as you follow Him?

🎵 Worship Song: Follow You Anywhere – Passion

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 58 (Monday, July 28)

Psalm: Psalm 2:1-8

New Testament: James 1:1-11

? Reflection Question:

What does James teach about wisdom and perseverance?

🎵 Worship Song: Yes I Will – Vertical Worship

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 59 (Tuesday, July 29)

Psalm: Psalm 4:1–8

New Testament: James 1:12–27

? Reflection Question:

How are we called to live out God’s Word, not just hear it?

 **Worship Song:** Way Maker – Leeland

✓ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 60 (Wednesday, July 30)

Psalm: Psalm 6:1–8

New Testament: James 2:1–13

? Reflection Question:

Why is favoritism incompatible with faith in Christ?

 **Worship Song:** Who You Say I Am – Hillsong Worship

✓ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 61 (Thursday, July 31)

Psalm: Psalm 7:1–8

New Testament: James 2:14–26

? Reflection Question:

What does it mean that faith without works is dead?

🎵 **Worship Song:** Lord I Need You – The Worship Initiative

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 62 (Friday, August 01)

Psalm: Psalm 9:1–8

New Testament: James 3:1–12

? Reflection Question:

Why is controlling the tongue such a spiritual challenge?

🎵 **Worship Song:** His Mercy is More – Matt Boswell

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)



Day 63 (Saturday, August 02)

Psalm: Psalm 10:1–8

New Testament: James 3:13–18

? Reflection Question:

How do humility and good conduct reflect godly wisdom?

🎵 **Worship Song:** How Deep the Father's Love – Austin Stone Worship

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

Day 64 (Sunday, August 03)

Psalm: Psalm 11:1–8

New Testament: James 4:1–10

? Reflection Question:

How can we submit to God in times of conflict?

🎵 **Worship Song:** Abide – Aaron Williams

✅ Daily Challenge:

- 25 Minutes With God (Scripture Reading, Prayer, Reflection, Worship)
- 25 Reps of Push-Ups, Sit-Ups, etc. OR 25 Minutes of Exercise
- 1 Act of Service (encourage someone, help around the house, pick up trash, etc.)

